Advanced Manual Techniques for Pain & Dysfunction

with Dr. Jay Sandweiss, DO





LIVE IN TORONTO

Sat, Nov 22 – 9:00 AM to 5:30 PM Sun, Nov 23 – 9:00 AM to 4:30 PM

Integrating Osteopathic Manipulation & Applied Kinesiology

Pricing: \$1250 USD (Standard) \$1000 USD (Early Bird)

Who Should Attend?

Chiropractors - RMTs - DOs - MDs - PTs - NPs - Dentists - Athletic Therapists - McMaster Contemporary Medical Acupuncture Program

Register at: www.doctorjaysandweiss.com Questions? Call 734-995-1880

Location:

Royal Canadian College of Massage Therapy | 1446 Don Mills Rd. North York

Course Overview

This hands-on weekend course blends osteopathic manipulation with applied kinesiology muscle testing to help you diagnose and treat a wide range of somatic dysfunctions — without drugs or surgery.

Led by internationally respected osteopathic physician Dr. Jay Sandweiss, the workshop focuses on practical, clinically applicable techniques you can integrate into your practice right away.

You'll learn how to assess dysfunctions of the low back, pelvis, spine, TMJ, and extremities through palpation, muscle testing, and targeted manual interventions — all within a structured treatment framework used successfully across diverse patient populations.

Whether you're an experienced practitioner or new to these techniques, this intensive will enhance your diagnostic confidence, treatment precision, and clinical results.

What You'll Learn

By the end of this two-day workshop, you will be able to:

- √ Perform muscle testing to identify neuromusculoskeletal dysfunctions
- ✓ Apply osteopathic manual techniques to address restrictions in key body regions
- √ Improve palpation sensitivity to identify areas of dysfunction quickly and accurately
- √ Integrate reflex points, organ-muscle relationships, and nutritional correlations into your assessments
- ✓ Understand and follow a reproducible clinical algorithm for complex or chronic cases
- ✓ Practice these techniques in a supervised, hands-on setting with real-time feedback

Meet Your Instructor: Dr. Jay Sandweiss, DO, C-NMM/OMM, DABMA, FAAMA

With over 45 years of experience as a clinician and educator, Dr. Jay Sandweiss is recognized across North America as a master in integrative manual medicine. He is board-certified in neuromusculoskeletal medicine, osteopathic manipulative medicine, and medical acupuncture, and has trained thousands of healthcare professionals across the U.S., Canada, and beyond.

Dr. Sandweiss brings together the worlds of osteopathy, applied kinesiology, functional medicine, nutrition, and movement in a uniquely holistic way. His workshops are dynamic, hands-on, and filled with practical tools that participants can bring back to clinical practice immediately.

In addition to his medical and teaching career, Dr. Sandweiss is a lifelong martial artist with advanced training in Karate, Kung Fu, and Aikido — a background that has shaped his finely tuned sense of movement, body language, and manual diagnostics.

"This work is about more than fixing pain — it's about helping the body restore function, balance, and vitality."

Dr. Sandweiss currently practices in Ann Arbor, Michigan, where he offers his patients a truly comprehensive approach to health and healing.

Presented in partnership with RCC and the McMaster Contemporary Medical Acupuncture Program.





