



Treating Pain and Dysfunction Without Drugs or Surgery: Integrating Osteopathic Manipulation and Manual Muscle Testing for Diagnosis and Treatment Protocol with

Dr. Jay Sandweiss

Dr. Sandweiss, along with his team, will deliver a comprehensive 2-day training session for the National Capital Region Pain Initiative. This engaging and professional event aims to equip attendees with valuable and efficient hands-on treatment techniques for managing common patient conditions throughout the body, providing an alternative to opioid-based treatment. Through high-resolution close-up video demonstrations, Dr. Sandweiss will offer lecture and practical sessions, focusing on various effective manual procedures to resolve somatic dysfunction issues in areas such as the low back, pelvis, cervical, thoracic, ribs, shoulder, and ankle/foot. Attendees will have the opportunity to practice these techniques from their respective viewing locations, ensuring an immersive and interactive experience.

Dr. Sandweiss has established himself as an esteemed practitioner. For the last 33 years, he has successfully run an integrative medicine solo private practice in downtown Ann Arbor, Michigan. Here, patients benefit from a range of treatment styles, including osteopathic manipulative medicine, medical acupuncture, functional medicine, applied kinesiology, and evidence-based standard of care medicine.

Sponsored by the National Capital Region Pain Initiative

To be added to the interested list for this training, please contact

dha.bethesda.i-1.mbx.ncrpi-trainings@health.mil or

amy.j.osik.ctr@health.mil



Training Information:

Date: [April 17-18, 2024](#)

Time: [0800-1630](#)

Location: [Virtual via Zoomgov](#)

Available for: [MD, DO, PA, and NP](#)

(Military and DoD GS Personnel Only)

PLEASE NOTE: This is an interactive course where active participation is required. You will need to share your camera and actively engage in course exercises as well as participate in the Q&A session.

This course is combined with lecture and demonstration of numerous effective manual techniques utilizing a high-resolution close-up video camera. It is highly recommended to have a practice partner when attending this course.



Instructor: Jay Sandweiss, D.O. Is Board Certified in the fields of: Neuro-Musculoskeletal Medicine, Osteopathic Manipulative Medicine, and Medical Acupuncture



NATIONAL CAPITAL REGION
PAIN INITIATIVE

Application

Treating Pain and Dysfunction without Drugs and Surgery: Integrating Osteopathic Manipulative Medicine & Manual Testing for Diagnosis and Treatment Protocol

April 17-18, 2024, Virtual via ZoomGov

*Fields required

1. *Name: _____ Suffix: _____
2. *Work Email: _____ *Personal Email: _____
3. *Work Number: _____ Personal Number: _____
4. *Service (Army, Navy, Air Force, USMC, USCG, DOD Civilian, Public Health Service, NationalGuard, Army National Guard, US Army Reserves, N/A): _____
5. *Physician Status (Physician Staff, In Training-Medical Student, In Training-Resident, In Training- Fellow, Non Physician): _____
6. *Rank/GS Level: _____ *Title: Discipline (MD, DO, PA, NP): _____
7. *Specialty Area: _____
8. *Current Assignment/Role: _____
9. *Professional Degree: _____
10. *Command/Location: _____
11. *Work Street Address: _____ City: _____
State: _____ Zip Code: _____
12. *Do you intend to remain in the military or an employee of the DoD for at least 3 years post completion of the course? If so for how long (rough estimate)?

13. *Is your command supportive of providing the teaching of this course at your current duty location?

14. *Will you have a mentor who is knowledgeable of Manual Medicine Techniques at your current command? If so, who?

15. *Social Security: _____ Birth date (MM/DD/YYYY): _____

Please be advised your SSN will only be used for CME purposes. Once the applicant's CME account has been added the above information will be removed. You may provide this information via encrypted email or enable password with this form attached or contact Carla Labuguen at carla.b.labuguen.ctr@health.mil or Amy Osik at Amy.j.osik.ctr@health.mil

Applicant Signature & Date (DoD-CAC signature is acceptable)

Please email to: dha.bethesda.j-11.mbx.ncrpi-trainings@health.mil or the above